

ImPACT South Africa

Concussion Management Programme



Creating a **safer environment in contact sports** for players of all ages through education, awareness & proper head injury management.



Helping to **prevent Second-Impact Syndrome**, caused by a repeat injury to the head after an unresolved concussion.



Doing a **pre-season 'baseline-test'** that measures brain processes such as memory, reaction time and mental speed.



Re-testing after a suspected concussion, **comparing performance** to the baseline & reporting on recovery or lack thereof.



Protecting concussed athletes by providing more **informed educational, occupational and return-to-play decisions**.

For more information or to book a team / individual for baseline testing, contact your ImPACT accredited psychologist:



www.concussion.co.za

DIRECTORS

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Supported by



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Approved by the Health Professions Council of South Africa (HPCSA)